

Alison Palmer



- I am the Vice-Chair of the Governing Board, a Co-opted Governor and also the Wellbeing Governor at The Gattons.
- Professionally, I am a child therapist working privately and in schools. As part of my role, I currently run the Mindfulness lunchtime club at The Gattons. I am extremely lucky to do a job I love and am passionate about supporting and strengthening children's mental health.
- Before I qualified to become a therapist, I worked in the finance industry for 20 years.
- I have a son who currently attends Burgess Hill Academy but has also attended The Gattons and Southway
- I have lived in Burgess Hill for 31 years and when I'm not working I enjoy spending time with friends and family, practising yoga, reading, going out for dinner and watching live music