



themselves) is what Woodland Rangers is all about.

Building a sense of independence, high self esteem and team work are important parts of Woodland Rangers, but health and safety considerations are always of paramount importance.



## WOODLAND RANGERS

Woodland Rangers is an opportunity for your child to experience nature and the outdoor environment in a safe, secure and hands-on way.

Learning outside offers opportunities to build on and extend skills taught and acquired inside. It also offers the chance to take on new challenges and risks and to investigate in a different way. Children learn best from first hand experiences. Experiencing the weather, searching for insects, climbing a tree or working on a large scale is learning that can only happen outside.

The children are encouraged to investigate & explore but also to respect all living things. Through a range of activities (both designed by the leader and instigated by the children



## WHAT IS WOODLAND RANGERS?

Woodland Rangers consists of regular sessions in a local area of woodland. Activities are carefully planned linked with the curriculum and thoroughly risk assessed. Child initiated learning is the main Woodland Rangers ethos. A range of achievable activities are planned and the children's natural inquisitiveness and enthusiasm leads them into many areas of learning, for example children have made pencils using natural resources which then inspires them to write. We then help to deepen this understanding. This allows them to learn from their current level of understanding, develop personal creativity and have a long term connection to the natural world around them.

Adults are there to support the children's learning choices, encouraging them to explore the many stimuli provided by the resources of the natural environment. They also enable the children to experience managed risk and employ positive discipline.

### WHAT ARE THE BENEFITS?

We all know that when we are happy and confident we achieve so much more. Research has shown that this inspirational approach helps improve confidence, self esteem, emotional and social skills, whilst developing a connection and respect for the natural environment. It allows children to develop independence, learning how to take responsibility and manage risk in a controlled way. The careful planning



ensures success, helping children to have rewarding experiences. Regular access to the outdoor environment and practical activities will help enhance learning within all areas of the curriculum.

### PREPARING FOR YOUR WOODLAND RANGERS EXPERIENCE

Children need to wear clothing suitable for working outside in all weather! The thickness of clothing will depend on the season. We suggest:

- Sturdy boots or wellies, socks, long trousers, long sleeved top, waterproof jacket, waterproof over trousers (or a spare pair if wet).
- A water bottle.
- A small rucksack.
- Hat (sun or winter).

Even if it is sunny and warm at the start of a session, a cold wind and rain can make a big difference when outside. More thin layers are best for warmth and can always be removed if too warm. Please use old clothes and let your child know that at Woodland Rangers they **CAN GET DIRTY** and you don't mind! Sun cream should also be applied if the

weather is hot. All clothing must be named.



These sessions will be led by members of The Gattons Infant School staff.

